

1. Complete this wordsearch with key words on water safety.

Pool Safety

a	d	s	i	t	f	w	p	s	d	f	l	
s	w	i	m	m	i	n	g	a	i	l	e	
h	a	o	w	p	d	i	l	f	x	o	d	
a	p	o	o	l	r	u	l	e	s	a	a	
l	f	e	l	k	h	d	a	t	f	t	n	
l	e	x	o	i	n	o	t	y	e	a	g	
o	n	u	i	o	m	e	n	g	a	t	e	
w	c	r	k	b	l	s	e	o	y	i	r	
i	e	c	d	e	e	p	i	x	g	o	u	
g	f	t	h	y	j	k	t	m	t	n	s	
n	p	l	i	f	e	g	u	a	r	d	b	
c	h	e	m	i	c	a	l	s	l	k	n	

swimming	lifeguard	pool rules
floatation	shallow	danger
gate	deep	chemicals
fence	obey	safety

2. Spot the Difference

Pool Safety

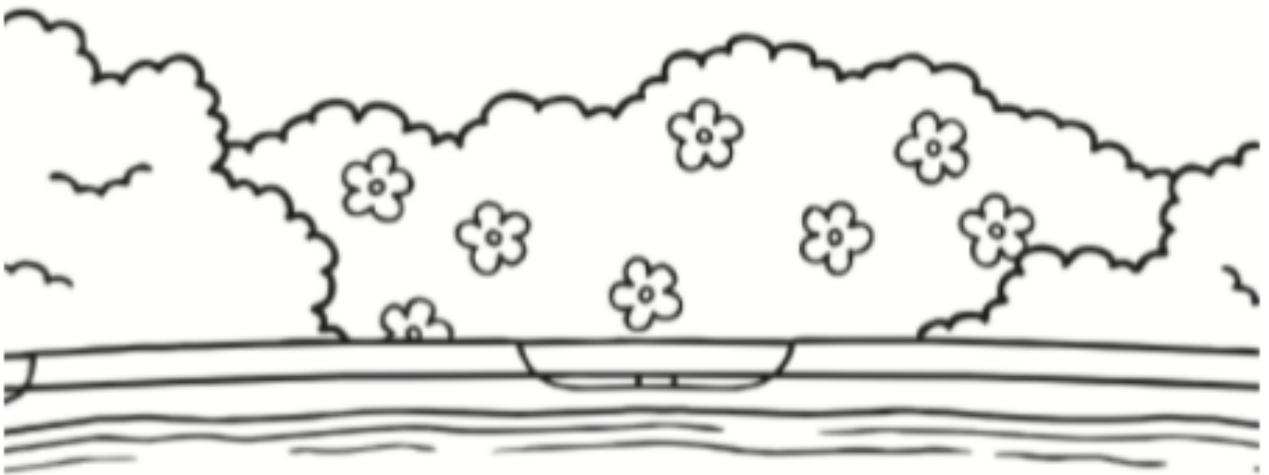
There are 8 differences in the pictures below. Can you find them? Circle them in red.



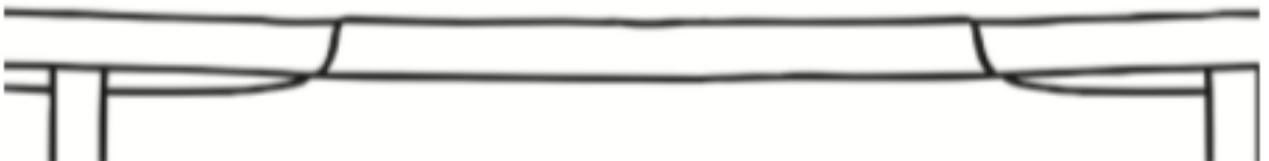
3. Fill in the Gaps...

Pool Safety

slowly	jump on	push
flotation	gate	shallow
lifeguard's	choke	adult



1. Never open the _____ or climb the pool fence.
2. Always have an _____ with you when you are in the pool.
3. Never jump into the _____ end of the pool.
4. Walk _____ around the edge of the pool.
5. Wear a _____ device if you are not confident.
6. Do not _____ people into the pool or _____ people in the pool.
7. Do not eat or chew gum in a pool as you could _____.
8. Always follow the pool rules and obey the _____ directions.



4. Plan and Design a Poster

An Amazing Fact a Day

Staying Safe In The Open Water

Amazing Fact

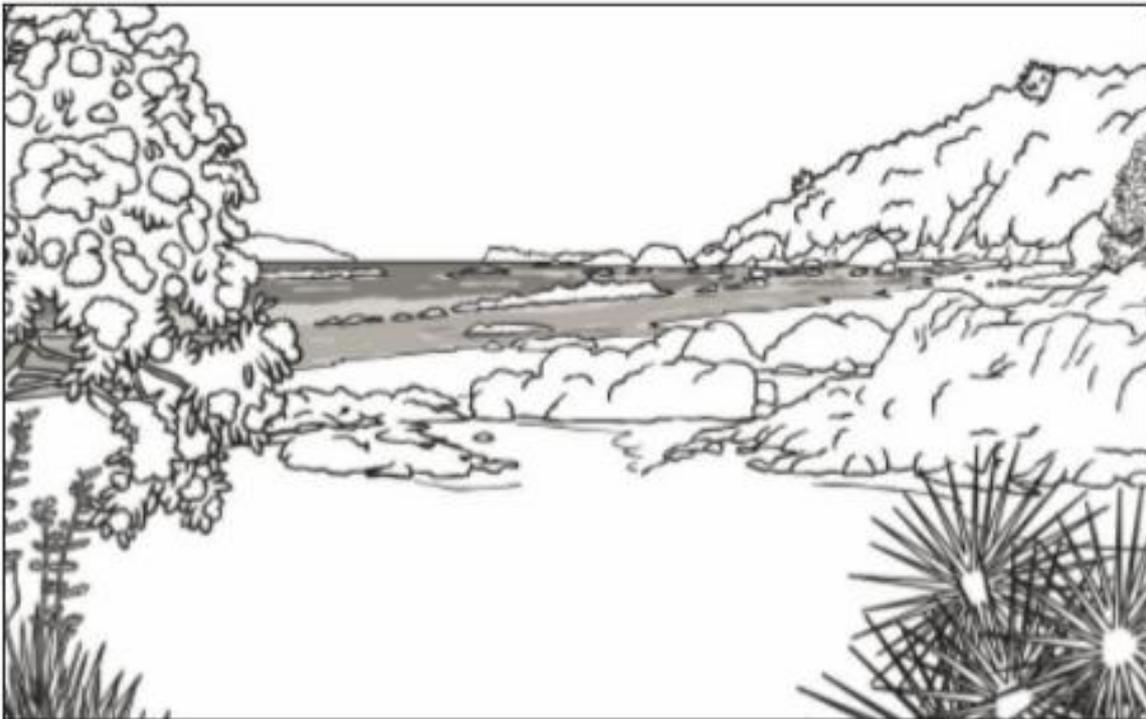
In 2014, Australian swimmer Chloe McCardel completed what is believed to be the longest continuous open water swim ever. She swam seventy-eight miles between two islands in the Bahamas in a time of forty-two and half hours.

Challenge

Staying safe in the water is crucial when you are swimming in the open water.

What rules can you think of which should be followed?

Design a poster, which would be found at a beach, to display the water safety rules.



You could also try to find out:

- how long the fastest channel swim took;
- if anyone has swum to France and then back to England;
- what the longest river swim is;
- how long-distance swimmers eat and drink.

Your Answers:

Design a Water Safety Poster

Using everything you know about water safety, design a poster telling people how to keep safe in the water. Your poster could be about general water safety or specific to a certain type of water, such as swimming pools or the beach. Decide whether your poster should be aimed at younger children, older children or adults.



5. Road safety - Sequencing

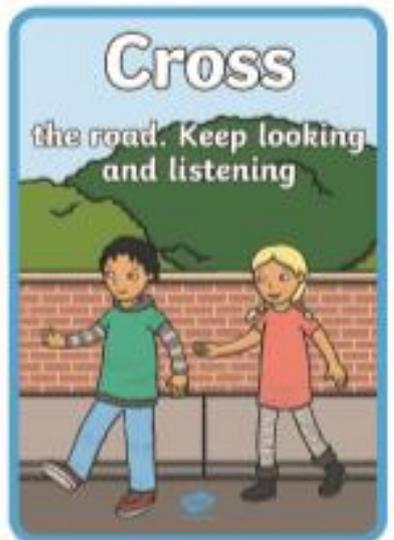
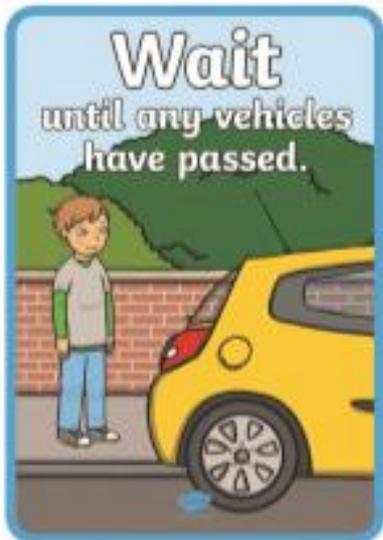
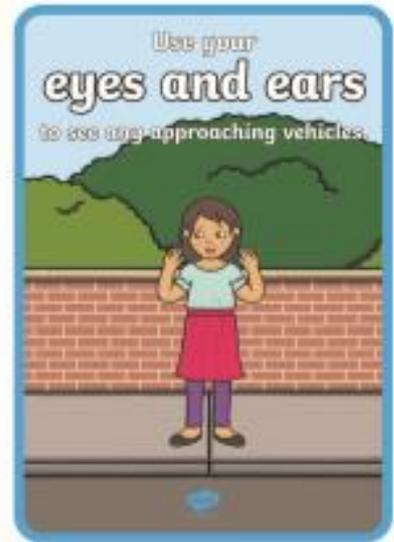
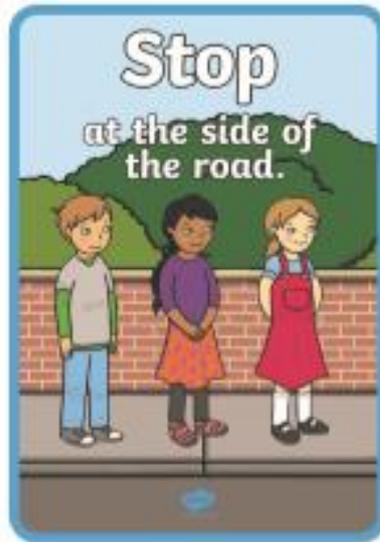
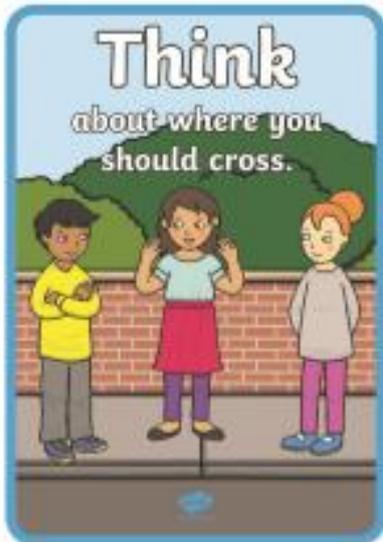
The Green Cross Code

Cut out the road safety pictures and then stick them in the correct order for crossing the road safely.



A cartoon illustration of a road scene. On the left, a red car is driving towards the right. In the center, a blue truck is driving towards the right. On the right, a bridge with a grey structure and white pillars spans across the road. There are green bushes and a grey road surface.

5. Cut out these road safety cards and stick them in the correct sequence.



6. Answer the following question cards on bicycle and road safety.



Road Safety Question Cards

1. What is the crossing guard's job?



Blank box for answer to question 1.

Road Safety Question Cards

2. Why is it important to walk in the crosswalk when crossing the street?



Blank box for answer to question 2.

Road Safety Question Cards

3. How is the child riding the bicycle being safe?



Blank box for answer to question 3.

Road Safety Question Cards

4. What does the red sign which the crossing guard is holding mean?



Blank box for answer to question 4.

Road Safety Question Cards

5. What does the yellow traffic sign tell drivers?



Blank space for answer.

Road Safety Question Cards

6. Why should you wear a helmet when you ride your bicycle?



Blank space for answer.

Road Safety Question Cards

7. Why is the car stopped?



Blank space for answer.

Road Safety Question Cards

8. Why is it safe to walk on the sidewalk?



Blank space for answer.

Road Safety Question Cards

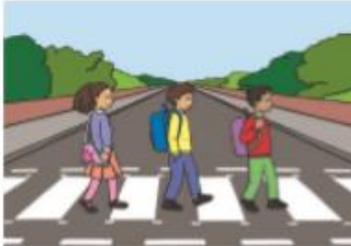
9. What do you think would happen if you did not walk in the crosswalk?

An illustration of two young girls sitting at a brown table. The girl on the left has dark skin and hair, wearing a white shirt with blue trim, and is resting her chin on her hand in a thinking pose. The girl on the right has light skin and red hair in braids, wearing a purple shirt.

Blank rectangular box for writing an answer to question 9.

Road Safety Question Cards

10. What are the three things you should do before you cross the street?

An illustration of three children crossing a street at a crosswalk. A girl in a purple shirt is on the left, a boy in a yellow shirt and blue backpack is in the middle, and a boy in a red shirt is on the right. They are walking across white stripes on a road.

Blank rectangular box for writing an answer to question 10.

Road Safety Question Cards

11. Why do you have to follow the rules of the road when you ride your bicycle?

An illustration of a young boy standing next to a red bicycle. He is wearing a white t-shirt with red trim, green pants, and a green cap. He is holding a small orange.

Blank rectangular box for writing an answer to question 11.

Road Safety Question Cards

12. How are the children crossing the street being safe?

An illustration of two young boys sitting at a brown table. The boy on the left has light skin and is wearing a striped shirt and blue overalls, resting his chin on his hand. The boy on the right has dark skin and is wearing a green long-sleeved shirt.

Blank rectangular box for writing an answer to question 12.

7. Fill in the gaps on the topic Bike Safety.

Bike Safety



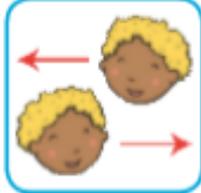
I always wear a _____.



I stop at the _____.



I can understand _____.



I look both _____.



I look out for _____.



I look after my _____.



In the dark I use _____.

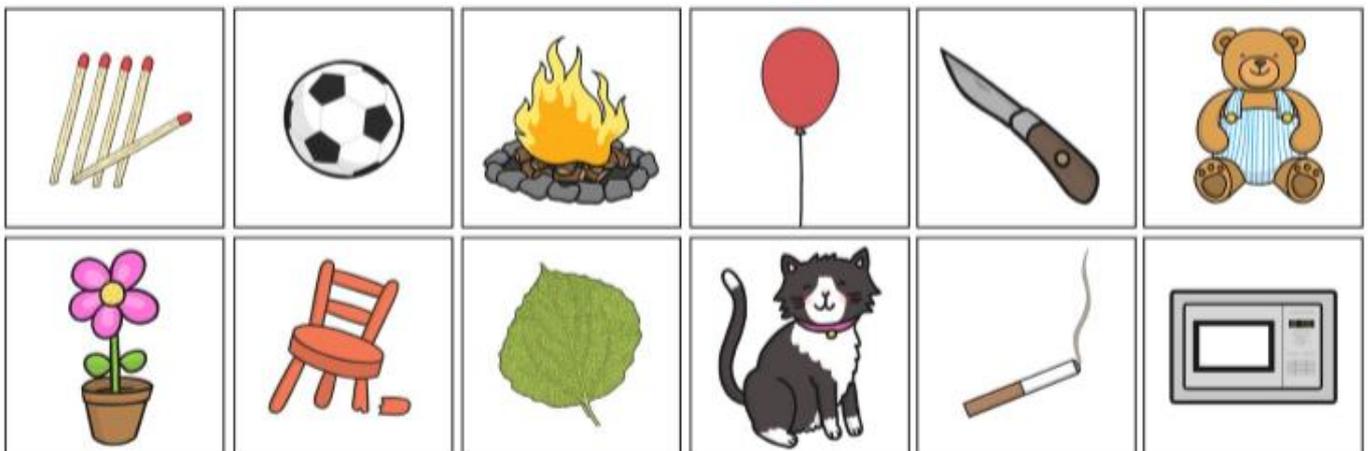


8. Safety in the Home – Sorting Activity

Safe and Unsafe to Touch Sorting Activity

Safe to touch

Unsafe to touch



9. Think of your Pathfinder Hall. Explain the possible Health Hazards

e.g. why should it be fixed? Why is it a problem?

Health Hazard 1: Broken
glass

Reason/s:

Health Hazard 2: Objects left
lying around.

Reason/s:

Health Hazard 3: Objects on
the wall.

Reason/s:

Health Hazard 4: Fire
extinguishers

Reason/s:

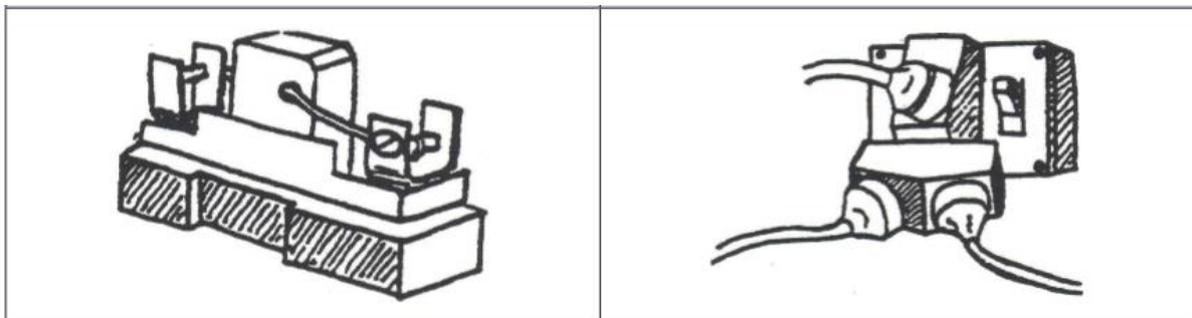
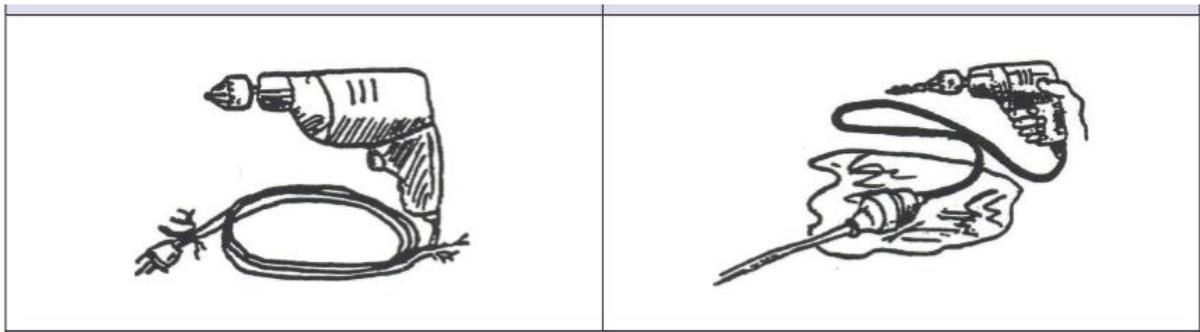
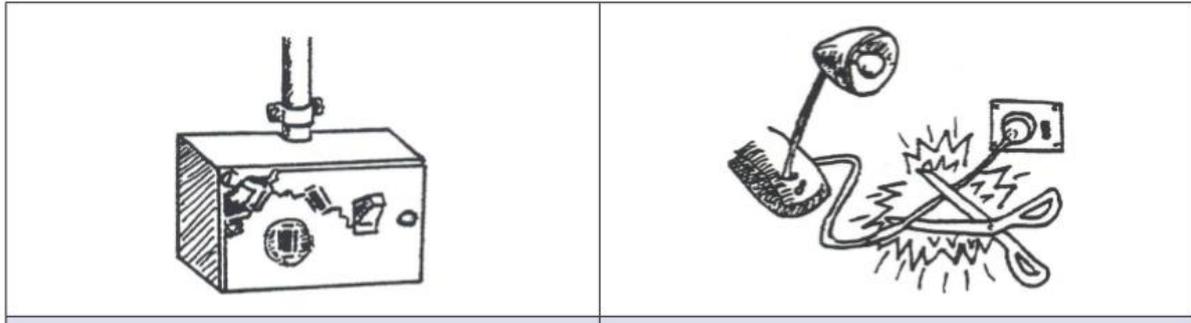
10. Electricity Dos and Don'ts – Matching Activity

Reducing Risk – The Safety Inspector



What is the danger?	Who could be affected? Why/How?	What could you do to prevent the harm?

11. Matching Activity – Match the images with the hazards identified.



Cut these hazards and match to the corresponding images!

Too many fittings to one outlet will cause overheating in the switch or wires. This can lead to fires.

NEVER cut electrical cords with scissors.

Use correct fuse wires. A too heavy fuse wire does not protect the wiring. This can cause a fire.

Socket in pool of water.

Incorrectly wired plug. Frayed electrical leads or plugs. Loose wires in plug or socket.

Do not use damaged plug socket.

12. A Safety Guidance When Lost

a) Match the 8 Safety rules with the correct guidance then b) ORDER by importance.

<p>Mark the spot</p>	<p>Do not try to remember details, but general landmarks. Work out whether it would be better to go on, go back, or stay put.</p>
<p>Climb a Tree or Hill</p>	<p>Kneel and talk to God. Remember some of His promises: "I am with you always."</p>
<p>Light a Fire</p>	<p>Blaze a tree, place a rag on a stick in the ground, or put your hat on a stump.</p>
<p>Use your map and compass</p>	<p>From the top you may see a landmark that you recognize. If so, and you are sure which way to go to get you back safely, proceed towards that landmark.</p>
<p>Give out a distress signal</p>	<p>You should have a map and compass in your pack-use them. Spread out the map and orient it, either with the compass or by checking the landmarks</p>
<p>Stay Where you are</p>	<p>If you are unable to locate a familiar landmark that can lead you home either by sight or by map and compass. Wait for help to come</p>
<p>Sit down and think</p>	<p>Distress Signals by Lost Party: Three signals together, regularly spaced.</p>
<p>Pray</p>	<p>Build a safe fire. Have enough wood on hand to keep it going all night if required. During the day, once the fire is established, add green leaves to create smoke. Send your own smoke signals.</p>

12. B Pathfinder Club Hall Safety

Instructions:-

- a) Close your eyes and think about your **club hall/area** for a minute.
- b) Are there any Health **hazards** that need to be addressed?
- c) Create an informative poster that can remind you and the other pathfinders and adventurers about **good safety rules**.

